



Bulletin 1, Jan Kjellstrom Weekend 2017

The Jan Kjellstrom 2017 weekend consists of four Foot Orienteering races and two Trail O competitions

Friday 14th April Saturday 15th April Sunday 16th April Monday 17st April Sprint Distance (including **World Ranking Event**) TempO Middle Distance (including **World Ranking Event**) Long Distance (including **World Ranking Event**). PreO. Relay for teams of three.

Location of competitions



All competition areas are embargoed. A map of the embargoed areas is available here: <u>https://www.britishorienteering.org.uk/embargoed_areas</u>

General information

Entry is available from the 1st November 2016 via the JK 2017 website: <u>http://www.thejk.org.uk/jk2017</u>.

There are two dates for entry and the fee increases after each date has passed. 1st November –29th January 2017 (Early entry period)









30th January 2017 – 12th March 2017 (Final entry period) Entries should be made via the online entries system. All fees must be paid at the time of booking. Full details of the entry fees and closing dates are available on the JK 2017 website.

There will be no event accommodation or any event transport provided.

SI electronic punching will be used for the Foot Orienteering races for the weekend. All controls will be enabled for contactless punching using SIAC cards. It is possible to hire SIAC cards as part of the entry process. There will be the opportunity to practise punching and view demonstration controls on each day.

There are no specific training opportunities provided. However, there are a numbers of permanent orienteering courses (POCs) in the area which are open to the public. Details of courses plus downloads of maps are available here: <u>https://www.britishorienteering.org.uk/pocs</u>

Weather conditions even in mid-April, can be very variable, including both warm spell and occasional snow. The average minimum temperature in the main competition locations in April is 4C, average maximum is 12C.

Enquiries

- For general enquiries contact info2017@thejk.org.uk
- For Entry enquiries and information about visas contact entries2017@thejk.org.uk

Sprint Distance race and World Ranking Event for Men & Women Elite 14th April Location: Brunel University is located on the outskirts of Uxbridge, North West London and close to the junction of the M25 and M40.

Terrain: Brunel University is a compact urban campus, featuring striking 1960s architecture together with extensive modern additions. Consisting mostly of hard surfaces with some grassed areas, it offers typical campus style navigational challenges of detailed map reading and rapid decision making. The area is new to orienteering.

Map: 1:4,000 2.5m contour interval to ISSOM2001 mapped in 2016. There is no previous map.

Classes: Men and Women 21 Elite, target winning times 12 – 15 minutes. If entries exceed the available start times, selected competitors may be removed from the Elite class into the appropriate age class. Start times will be allocated in reverse IOF ranking order as per IOF Rules.

Clothing: Shorts and running vests are permitted for this race. Shoes without studs are recommended

Officials:

Organiser:Helen ErringtonPlanner:Paul ToddControllers:Allan Williams & Simon ErringtonIOF Event AdviserMike Forrest









Middle Distance race and World Ranking Event for Men & Women Elite 15th April Location: Ambersham Common is located 3km east of Midhurst and 20km north of Chichester

Terrain: One of the best-remaining sub-Atlantic heathlands in West Sussex. With predominantly fast heathland mixed with runnable forest and areas of fine detail contouring it lends itself perfectly for middle distance racing. The westernmost part of the area is criss-crossed with a path network through woodland and contrasts with the open heath which is lightly contoured and with strong water features

Map: 1:10,000 5m contour interval to ISOM2000 remapped using LIDAR data in 2016. The previous map is available via the JK2017 website.

Classes: Men and Women 21 Elite, target winning times 30 – 35 minutes. If entries exceed the available start times, selected competitors may be removed from the Elite class into the appropriate age class. Start times will be allocated in reverse IOF ranking order as per IOF Rules.

Clothing: British Orienteering Rules of Orienteering require clothing that fully covers the torso and legs. There may also be an additional requirement for a wind and waterproof top to be carried by each competitor. If this is required, there will be notices about this on the day of the race.

Officials:

Organisers:	Linda Pakuls & James Crawford
Planners:	Philip Gristwood & Helen Marsden
Controllers:	Andy Yates & Nick Green
IOF Event Adviser	Mike Forrest

Long Distance race and World Ranking Event for Men & Women Elite 16th April

Location: Holmbush & St Leonards is located between Crawley and Horsham, 8 km from each.

Terrain: The combination of the areas of Holmbush and St Leonards creates a large area predominately consisting of varied woodland, with a few open slopes. In some areas multiple small thickets break up the running and visibility and provide a contrast

Map: 1:15,000 5m contour interval to ISOM2000 remapped in 2016. The previous map is available via the JK 2017 website.

Classes: Men and Women 21 Elite, target winning times; Men 90 - 100 minutes, Women 70 - 80. If entries exceed the available start times, selected competitors may be removed from the Elite class into the appropriate age class. Start times will be allocated in reverse IOF ranking order as per IOF Rules.

Clothing: British Orienteering Rules of Orienteering require clothing that fully covers the torso and legs. There may also be an additional requirement for a wind and waterproof top to be carried by









each competitor. If this is required, there will be notices about this on the day of the race.

Officials:	Day Organiser
	Lead Planner
	Controllers
	IOF Event Adviser

Mike Bolton Tony Burton Steve McKinley/Chris Huthwaite Mike Forrest



