

# I TROFEO SAN LORENZO DE EL ESCORIAL



## BULLETIN 1

**May 6th and 7th**

**6th Spanish  
league competition**



**Long and  
Middle races**

**Sprint  
WRE**



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# I Trofeo San Lorenzo de El Escorial

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# I Trofeo San Lorenzo de El Escorial



## ORGANISATION

EVENT DIRECTOR: **Alberto Mínguez**

TECHNICAL DIRECTOR: **Juan Pedro Valente**

COURSE PLANNERS:

Middle (**Juan Pedro Valente**)

Long (**Alberto Mínguez**)

Sprint (**Javier Ruiz "Rorri"**)

SPORTIDENT: **Héctor Lorenzo**

ADMINISTRATION: **Silvia Wolfrum**

STARTS: **Ana Pérez**

FINISH: **Silvia Saoner**

COORDINATOR: **José Feliciano Fernández**

## ORGANISERS



## SPONSORS



M.I. AYUNTAMIENTO  
SAN LORENZO DE EL ESCORIAL



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# I Trofeo San Lorenzo de El Escorial



## PROGRAMME

Friday, May 5th: **Model event**

Saturday, May 6th:

**Morning: Middle distance, La Herrería**

**Afternoon: Sprint WRE, S. Lorenzo de El Escorial**

Sunday, May 7th:

**Morning: Long distance, Ladera de Abantos**

**Prize giving ceremony: after the long race finish**

## PUNCHING SYSTEM

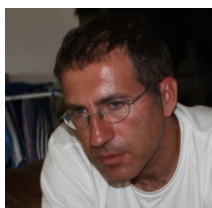
We use the Sportident system. Please bring your own. If you don't have one you can rent one at the competition area. It's compulsory to download sportident even if you retire

## MODEL EVENT

On Friday 5th, in the afternoon there will be a model race. The map must be requested along with the inscription.

## IOF EVENT ADVISOR

José Barberá Verdugo



## RULES

- Spanish orienteering league rules - 2017.
- FEDO RULES.
- IOF RULES.

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# I Trofeo San Lorenzo de El Escorial



## CLASSES

M=man / F=woman

M/F Elite	No age limit.
U-10	Born in 2007 and later (mixed category).
M/F-12	Born in 2005 and later.
M/F-14	Born in 2003 and later.
M/F-16	Born in 2001 and later.
M/F-18	Born in 1999 and later.
M/F-20	Born in 1997 and later.
M/F-21	No age limit.
M/F-21 B	No age limit.
M/F-35	Born in 1982 and later.
M/F-35 B	Born in 1982 and later.
M/F-40	Born in 1977 and later.
M/F-45	Born in 1972 and later.
M/F-50	Born in 1967 and later.
M/F-55	Born in 1962 and later.
M/F-60	Born in 1957 and later.
M/F-65	Born in 1952 and later.

**OPEN YELLOW (very easy / short distance)**

**OPEN ORANGE (easy / middle distance)**

**OPEN RED (medium difficulty / middle distance)**

**OPEN BLACK (medium difficulty / long distance)**

**CORRELÍN: Free string Course for children under 8**

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# I Trofeo San Lorenzo de El Escorial

## COMPETITION AND PARKING ZONES

Click the map to go Google Maps

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Aparcamiento Larga

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Aparcamiento Larga

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Aparcamiento AC

Larga

C.C. LARGA

✓

Carrera Media

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Carrera Media

P

Centro Competición Media

Media

C.C. MEDIA

✓

SPRINT

📍

Carrera Sprint

P

Carrera Sprint

✓

CENTRO COMPETICIÓN Y SUELO DU...

C.C.

Polideportivo Zaburdón

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Suelo duro



# I Trofeo San Lorenzo de El Escorial



## MAPS AND TERRAIN DESCRIPTION

### Middle race

New map made in 2016 by Olli- Markus Taivainen. Scale 1: 10,000. Open land with little slope and abundant rock detail. Excellent penetrability in general with some green areas located in the north.



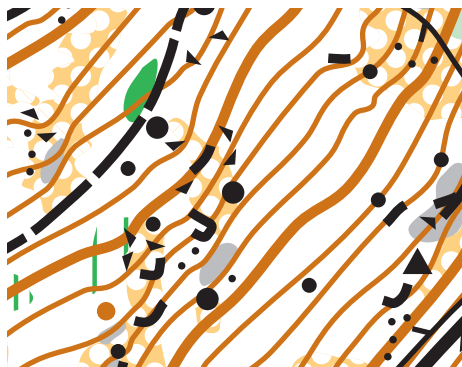
### Sprint race

New map made in 2017 by Manuel Jurado and Ramón García-Catalán. Scale 1: 5000. Urban land with parks. Lined with streets mostly squared layout. Moderate slope.



### Long race

New map made in 2016 by Olli-Markus Taivainen. Scale 1: 10,000. Pine mountain slope with moderate to strong gradients and abundant rock detail mostly. Penetrability is generally limited and slow running.



# I Trofeo San Lorenzo de El Escorial



## ENTRY FEES

	Entry fees without surcharge. Deadline without surcharge until Monday, April 24th at 23:59:59								
	M=man / F=woman - NIÑOS=CHILDREN / ADULTOS=ADULT								
	MIDDLE [€]			LONG [€]			SPRINT [€]		
	FED (1)	FED EXT (2)	NO FED (3)	FED (1)	FED EXT (2)	NO FED (3)	FED (1)	FED EXT (2)	NO FED (3)
F-E	9	12	N/A	9	12	N/A	5	9	N/A
M-E	9	12		9	12		5	9	
U-10	5	8		5	8		5	8	
F-12	5	8		5	8		5	8	
M-12	5	8		5	8		5	8	
F-14	5	8		5	8		5	8	
M-14	5	8		5	8		5	8	
F-16	5	8		5	8		5	8	
M-16	5	8		5	8		5	8	
F-18	5	8		5	8		5	8	
M-18	5	8		5	8		5	8	
F-20	5	8		5	8		5	8	
M-20	5	8		5	8		5	8	
F-21A	9	12		9	12		5	8	
M-21A	9	12		9	12		5	8	
F-21B	9	12		9	12		N/A		
M-21B	9	12		9	12		N/A		
F-35A	9	12		9	12		5	8	
M-35A	9	12		9	12		5	8	
F-35 B	9	12		9	12		N/A		
M-35 B	9	12		9	12		N/A		
F-40	9	12		9	12		5	8	
M-40	9	12		9	12		5	8	
F-45	9	12		9	12		5	8	
M-45	9	12		9	12		5	8	
F-50	9	12		9	12		5	8	
M-50	9	12		9	12		5	8	
F-55	9	12		9	12		5	8	
M-55	9	12		9	12		5	8	
F-60	9	12		9	12		5	8	
M-60	9	12		9	12		5	8	
F-65	9	12		9	12		5	8	
M-65	9	12		9	12		5	8	
OPEN YELLOW	4	6	6	4	6	6	N/A		
OPEN ORANGE	5	9	9	5	9	9			
OPEN RED	8	12	12	8	12	12			
OPEN BLACK	8	12	12	8	12	12			
OPEN NIÑOS							5	5	5
OPEN ADULTOS							5	7	7

Entry fees with surcharge 3€ for runner and race

Deadline with surcharge from April 25th until April 27th (inclusive)

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# I Trofeo San Lorenzo de El Escorial



## ENTRIES AND CONTACT

Mail: [inscripciones.clubimperdible@gmail.com](mailto:inscripciones.clubimperdible@gmail.com)

Link to the inscription page of the SLEO website

<http://sleo17.com/index.php/inscripciones-sleo17/>

WORLDFO:

<http://cal.worldfo.com/?id=9446&post=>

Group	Description	Observations	Registration in:
FED (1)	Federated FEDO-FPO with 2017 license	Required when registering: [Name and surname] + [License Number FEDO / FPO] + [Birth date]	Only in FEDO "SICO" website <a href="http://www.fedo.org/web/inscripciones">http://www.fedo.org/web/inscripciones</a> Sprint WRE classes: Also mandatory on the website "IOF-EVENTOR" <a href="https://eventor.orienteeering.org/Events/Show/5543">https://eventor.orienteeering.org/Events/Show/5543</a>
FED EXT (2)	Federated Foreigners ("Non-FEDO" and "No-FPO")	Required when registering: [Name and surname]+ [Own License Number] + [ID Number / Passport] + [Date of Birth]	Exclusively on the website "OOL" WRE-Sprint [ONLY FOREIGNERS NOT FEDO/FPO] Long-Middle [ONLY FOREIGNERS NOT FEDO/FPO] Sprint WRE classes: Also mandatory on the website "IOF-EVENTOR" <a href="https://eventor.orienteeering.org/Events/Show/5543">https://eventor.orienteeering.org/Events/Show/5543</a>
NO FED (3)	Not federated [neither FEDO-FPO nor Foreigners]	Only OPEN categories. Mandatory when registering: [Name and Surname] + [ID Number / Passport] + [Date of Birth]	Not federated in "OOL - SÓLO NO FEDERADOS" Sprint [SÓLO NO FEDERADOS] Long-Middle [SÓLO NO FEDERADOS] Belonging to FEDO / FPO Clubs: also possible by the "SICO" of FEDO <a href="http://www.fedo.org/web/inscripciones">http://www.fedo.org/web/inscripciones</a>

	FEES	OBSERVATIONS	REGISTRATION IN:
HARD FLOOR	4€ per person and weekend (2€ per person/night)	To be paid with the inscription. It implies to comply with the indications of use of Hard Floor. Failure to comply will result in expulsion without right to return.	According to groups with the inscriptions of each runner.
SI-CARD RENT	2 € per person, race and day	To be paid at the time of receiving the card. A deposit of € 50 must be paid upon receipt of the card (to be recovered upon return).	According to groups with the inscriptions of each runner.
CORRELIN (children under 8)	free of charge	Need to advise the day of the event center. It is necessary to be present in the schedule that is indicated.	No need to register in advance.

## BANK INFORMATION

Account holder:	CLUB IMPERDIBLE
Bank:	BANKIA
Account number:	2038-2493-40-6000398519
IBAN:	ES85 2038 2493 4060 0039 8519
BIC / Swift:	CAHMESMMXXX
Address:	AV.VIÑUELAS, 27
Town / Province/ Country:	Tres Cantos / Madrid / SPAIN
Postal code:	28760

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