

PARTNERS:



# 3 days International Orienteering Event

# **Egypt International Orienteering Championships**

# **Egypt Universities orienteering championship**

# WRE (sprint )

# Sharm El Sheikh 2017 (EIOC 2017)



2-6 February 2017 Sharm El Sheikh, Egypt

http://egyorinteering.org/Home/

# Bulletin 3

February 2017.





Sharm-El-Sheikh, city of Peace, is one of the most beautiful cities in Egypt, with most beautiful sea in the world. Sharm-El-Sheikh - dream destination to break the winter routine and enjoy the simplicity of sun and sea. Sharm-El-Sheikh – city of luxury hotels and fancy restaurant, incredible water world and busy night life. Merge of thousand years of Bedouin history and new technologies of 21st century based on sacred spirituality of Sinai Mountains.

We build a new orienteering history in the beautiful place between two great continents: Africa and Asia. So don't miss your chance to run 2nd Egyptian International Orienteering Championship.

Dr Tamer Mehanna

President Egyptian Orienteering Federation



#### **TEHNICAL DATA:**

Organizers:	Egypt Orienteering Federation		
Tehnical organizer:	Orienteering club "Vihor" (Croatia)		
Event Director:	Dr. Tamer Mehanna		
IOF Event Advisor :	Damir Gobec (Croatia)		
Event Mapper :	Cotirta Marian (Romania) – Bruno Marghegay (France)		
IT Sport Ident team:	Ivana Težak, Maja Cvitkovic (Croatia)		
PreO and course setting: Ivana Gobec, Damir Gobec (Croatia) – IOF Event Advisors			
EVENT CENTER:	Domina coral bay resorts and Hotels – Sharm El Sheikh		
COMPETITION CLASSES:	Men:	M14, M16, M20, M21E, M40, M45, M55	
	Women:	W16, W21E, W40	
		Open, KIDS	
	TrailO Pre:	OPEN class, Paralympic class	

Due to small number of entries in some classes, organizer joined some classes.

For competition SportIdent electronic punishing system will be in use.

Classes	Deadline for entries
Men and Women	25eur/all 3 days
Kids,14, 16, 18	10eur/per start
Open	30eur/all 3 days
	12eur/per start
All other classes	50eur/all 3 days
Men and Women	18eur/per start

#### **START FEES:** in accordance with class and entry deadline as follows

# PROGRAMME:

# Thursday 2<sup>nd</sup> February

Arrival, registration, accommodation, team officials meeting.

From 14,00-19,00h	Event center (EC) working hours hotel Domina coral bay El Hadaba , Sharm El Sheikh – GPS coordinates: 27°55'49.4"N, 34°21'56.4"E
19,00-19,45h	Team officials meeting at event center (for all 4 stages, including WRE on first day).
20,00h	Opening ceremony with Festival program (Domina Theater). Special gifts for all participants of opening ceremony.

# Friday 3<sup>rd</sup> February

First stage, World Ranking Event, sprint distance, Coral bay, Sharm El Sheikh and Orienteering Festival.

from 08-09 h	Event center (EC) working hours (hotel Domina Coral bay, El Hadaba, Sharm El Sheikh – GPS coordinates: 27°55'29.9"N 34°21'49.9"E
10,00h	First start first stage. WRE <b>sprint distance</b> Finish and start are on walking distance from event center.
15,30h	TrailO event (finish area of sprint distance)

### Saturday 4th February

Second stage, middle distance, Domina Coral bay, Sharm El shiekh.

from 08-09 h	Event center (EC) working hours (hotel Domina Coral bay, El Hadaba, Sharm El Sheikh – GPS coordinates: 27°55'29.9"N 34°21'49.9"E
10,00h	First start second stage. Finish and start are on walking distance from event center. (GPS coordinates: 27°55'29.9"N 34°21'49.9"E)
45 00 46 00 h	
15.00-16.00 h	Working hours of event center, hotel Domina Coral bay.
Evening:	Nama bay : Oriental night at Genina City with folklore show, Belly dancing international show etc, soft drinks and unlimited local wine and beer. Price: 30eur per person

## Sunday 5<sup>th</sup> February –

Third stage, sprint distance, Old town and Marcato, Sharm El Sheikh .

08,30h 10,00h	First bus departure to Old town, Sharm El Sheikh (10 km from EC). First start, third stage, sprint distance. Finish and start at the walking distance from the assembly point and parking place.
	(GPS coordinates: 27°51'48.0"N 34°18'35.6"E)
13,00h 14,00h	Prize giving ceremony and official closure of the event with a programme. Bus departure to a hotel.

# **Quarantine zone:**

#### Competitors should be in quarantine areas one hour before the first start

First day (sprint race – WRE ) - Domina theater (number 82 at Domina Coral Bay tourist map). Your luggage will be transported to the finish area.

Second day (middle distance) – Domina beach (number 85 at Domina Coral Bay tourist map) – Animation beach point and Beach sport & fitness area. Quarantine zone is just beside the start

Third day (sprint race ) - Mercato square. Quarantine zone is just beside the start

# Notes:

- No climbing and jumping from impassible walls (black lines on the map). Competitors breaking the rule will be disqualified.

- No passing through green private areas

- Please be careful when running beside the tourists

**Renting SI card :** 2€ per day or 5€ for 3 days.

**Entries:** Please visit for online entries

http://www.orienteeringonline.net/ListOfEntries.aspx?ListType=1&CompetitionID=2987

Payment of start fees: Cash when arrived to Egyptian orienteering federation

# **Course lenghts and number of control points**

	Day 1	Day 2	Day 3
M21E	2920m /26CP	5570m /30CP	3100m /26 CP
W21E	2460m/18CP	4460m/23CP	2990m/22CP
M55	2030m/15CP	3760m/18CP	2500m/21CP
M45	2030m/15CP	3760m/18CP	2500m/21CP
M40	2380m/18CP	4340m/22CP	2830m/21CP
M20	2460m/18CP	4460m/23CP	2990m/22CP
M16	2380m/18CP	4340m/22CP	2830m/21CP
M14	1110m/ 10CP	1720m/10CP	1020m/12CP
W40	2030m/15CP	3760m/18CP	2500m/21CP
W16	2030m/15CP	3760m/18CP	2500m/21CP
KIDS	1110m/10CP	1720m/10CP	1020m/ 12CP
OPEN	1110m/10CP	1720m/10CP	1020m/ 12CP

TRAIL O COURSE: 8-10 control points + time control

Tell's

## **MAPS/TERRAINS:**

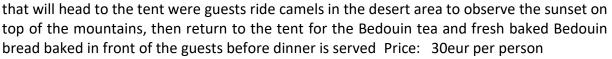
pet-t-d

Description
Domina Scale: 1:4000 Equidistance:2m
Stand: February 2017.
Description
Domina Scale: 1: 4000 Equidistance:5m Stand: February 2017
Description
Marcato
Scale: 1:4000
Equidistance: 2m
Stand: February 2017.

#### FREE TIME:

#### SAFARI- OUAD BIKING and BEDUEN DINNER

Fruit of Excursions of Sharm, Easy and exciting way to enjoy the Desert of Sinai with its different lovely landscape, drive that Motor Bike by the 4 Wheels into the Desert by yourself, You don't have to be an experienced Biker, you can take your mate with you as well, Don't forget to bring a "Kofeya" or headdress, There is a lot of dust and sand driven up by the Quads. After



### **Monday 6<sup>th</sup> February** Orienteering Festival tourist day

#### Morning time:

Option 1 - Tiran Island Cruise and Snorkeling Sunbathing, Swimming, snorkeling and Diving - is there any better way to spend a day in the Egyptian sun? Escape the desert for a day of relaxation around the protected white sandy Tiran Island. Crystal clear blue water, lagoons and colorful coral reefs are waiting to be

explored around Tiran Island, located north east of Sharm El Sheikh in the Gulf of Agaba, 3 stops for snorkeling and diving in coral reef, lunch and soft drinks included. 40euro price per person.

Option 2 St.Catherine + Colored Canyon excursions from sharm el sheikh | Jeep Safari Excursions St.Catherine + Colored Canyon Excursions from Sharm el Sheikh This is a jeep tour from 06.30 A.M to 06.00 P.M including visiting St. Catherine Monastery and the White Canyon .Lunch and Soft Drinks in Dahab included . : 40eur per person









#### **TRANSPORT POSSIBILITIES**



See Sinai for information on the Sinai visit pass, which allows visafree travel for up to 14 ays. oor travel outside the Sinai you will need to get a Visa at the airport

#### By plane

Sharm el-Sheikh Airport (IATA: SSH) (ICAO: HESH) is the largest in the Sinai and receives planeloads of charter tourists daily in the winter high season. Domestic flights from Cairo are offered by Nile

Air [1] and EgyptAir [2]. Your travel agent may have trouble booking flights with them but they can also be booked on some of the online booking engines.

For departures: timetable shows only nearest 1-2 hours, makes you watch over the row of check-in desks for your flight number.

Cafes after security check are: Sbarro (overcrowded), Cafe Europa' (on the back of the lounge, less crowded): sandwiches, coffee, Egyptian sweets; outlet of Caffè Ritazza international chain coming soon (also in Athens, Budapest, Madrid, Milan, London, Paris, New York, Stockholm, Zurich, Vienna).

After security check there is a Patisserie offering lucums, khalva and other Egyptian sweets.

#### By boat

International Fast Ferries run fast boats to Hurghada on the mainland Red Sea Coast, currently running four times weekly. The ride takes 1.5 hours Warning: this ride is notoriously bumpy and prone to cancellations.

#### By road

Sharm el-Sheikh can be reached by driving down the eastern coast from via the western coast from Cairo. There are daily buses for both routes. From Cairo, East Delta buses take approximately 8h while Superjet buses take 6 hrs. When taking the bus from Cairo, keep your bus ticket and passport handy, as you will pass through a number of checkpoints, which require passengers to present identification and ticket. The drive is interesting with beautiful scenery, throughout the route.

The Sharm el-Sheikh bus station is about 1km from the Peace road. If you should arrive during the evening hours your only option may be to take a taxi, as micro-bus service can be spotty. Since Sharm is a tourist-driven economy, you should be prepared to do some bargaining. If you are of the hiking type, the main road is, roughly, twenty minutes from main road. Just ask anyone to point you in the direction of Peace road. Once at Peace road you should have no problem hailing down a micro-bus.

## ACCOMMODATION

Hotel name Class	per person/day in a single room, taxes included	per person/day in a double room, taxes included	per person/day in a triple room, taxes included
Domian resorts and hotels	All ink.	All ink.	All ink.
EVENT CENTER	65 <b>6</b>	FO F	405
5 stars	65 €	50 €	40€

Reservations for accommodation to e mail : <u>egyorienteering@outlook.com</u>

Deadline for bookings: 30<sup>th</sup> January 2017.

- You will pay Cash when you arrive ,to Egyptian orienteering federation not to the hotel

### Note :

 Domina resort has own time it is called Domina Time As example
Egypt time is 9 AM = Domina Time is 10 Am
Be careful for eating times

## LOCAL TRANSFERS:

From and to Airport 20 euro .

From ant to Bus station 15 euro.

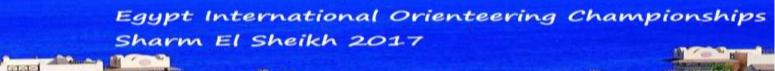
From the hotel will be shuttle bus transfers organized to all locations. Prices 40 euro for 4 days.

PRIZES:

The first 3 competitors in the final of each class for each competition receive medals

The first 6 competitors in the final of each class for each competition receive diploma

The winning Country of the overall team competition (which has the biggest number of gold medals, silver than bronze) receives the Championships cups



The winning club of the overall team competition (which has the biggest number of gold medals, silver than bronze) receives the Championship cup.

VISA:

All foreign travellers require an entry visa to visit the Egyptian territories. Most of Egypt's tourists and visitors can obtain their visas at any of the country's entry points (airports and ports). This type of visa is valid for a one-month period, starting from your arrival date.

To obtain this visa, it is required that you hold a valid passport. To avoid the bother of finding out too late that you need to apply for a visa in your homeland prior to your journey to Egypt; we've provided you with the numbers and addresses of the Egyptian embassies and Egyptian Tourism offices abroad, when available. They will be more than pleased to answer all your queries regarding visas.

http://en.egypt.travel/practical info/visa travel info

## SPECIAL NOTES

\*Competitors take part on their own risk and responsibility, and must have their own insurance.

\*At the finish arena only first aid service will be provided.

# Safety in Egypt and Sharm el Sheikh:

Sharm el-Sheikh is on the southern tip of the SInai peninsula and is coloured in Green (as opposed to Orange or Red) as well as Cairo and Alexandria, in fact most of Egypt Is now Green on the FCO website and considered as relatively safe compared to other regions.

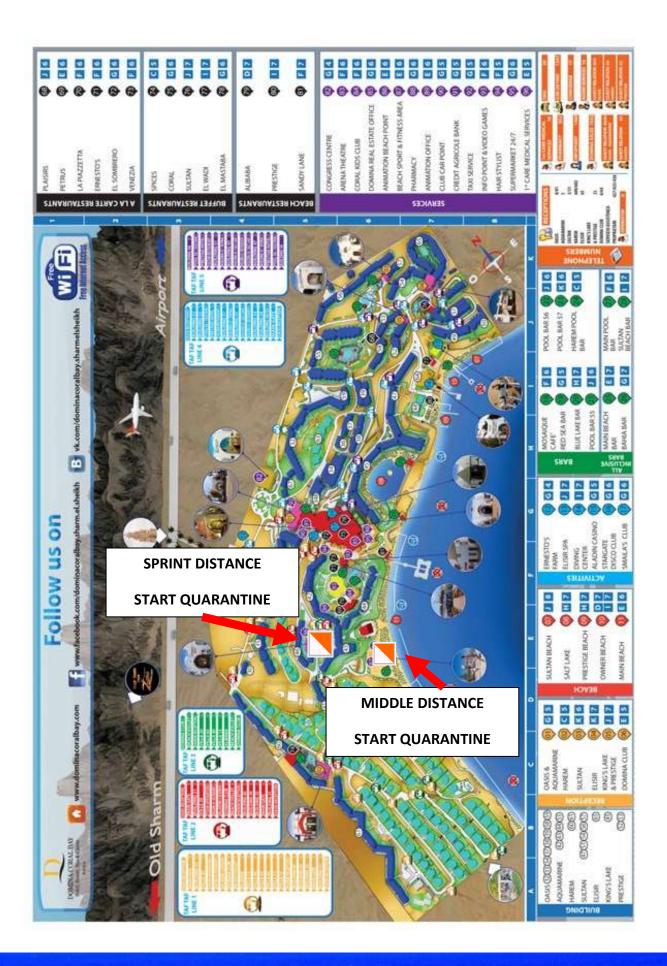
You can freely go anywhere you want , Sharm is a tourist city .their people is so friendly and like foreigners and help them all the time ,there is a tourist police everywhere to help you

You can wear everything you like as shorts and bikinis at the beaches and all activates you do.

# **ABOUT Sharm El Sheikh**



The simplicity of sun, sea and sand. The luxury of five-star hotels, water sports, shopping and entertainment. This is Sharm el-Sheikh, one of the most accessible and developed tourist resort communities on the Sinai peninsula. All around are Bedouins, colorful tents, mountains and sea. There are small, intimate hotels with modern designs, as well as larger hotel complexes belonging to International chains, plus about all the amenities one could expect of a tourist center, including casinos, discos and nightclubs, golf courses and health facilities. In fact, with diving and snorkeling, windsurfing and other water sports, horses and camel riding, <u>desert safaris</u>, and great nearby antiquities attractions, it is almost impossible for a visitor to ever suffer from boredom.



Egypt International Orienteering Championships Sharm El Sheikh 2017

D-L-L