



1st Asian Junior & Youth Orienteering Championships

HONG KONG, 25-27 December 2015

ASIAN JUNIOR & YOUTH 2015
ORIENTEERING CHAMPIONSHIPS



Bulletin 3

IOF member federations in Asia

🇨🇳 **CHN**=China, 🇭🇰 **HKG**=Hong Kong, 🇮🇩 **INA**=Indonesia, 🇮🇳 **IND**=India, 🇮🇷 **IRI**=Iran,
● **JPN**=Japan, 🇰🇿 **KAZ**=Kazakhstan, 🇰🇬 **KGZ**=Kyrgyzstan, 🇰🇷 **KOR**=Korea,
🇲🇾 **MAS**=Malaysia, 🇲🇳 **MGL**=Mongolia, 🇳🇵 **NEP**=Nepal, 🇵🇰 **PAK**=Pakistan,
🇰🇵 **PRK**=DPR Korea, 🇹🇭 **THA**=Thailand, 🇹🇼 **TPE**=Chinese Taipei



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1. Welcome to AsJYC2015 by OAHK President

Welcome to the Asian Junior and Youth Championship organised for the first time in Hong Kong!

The Asian Orienteering Championship was the only Asian Orienteering Competition to be organised in Asia. Starting from this competition, there will be more Regional Orienteering meetings allowing our runners more opportunities to participate in international competitions and to meet fellow runners from other Asian Countries.

We shared in our compassion in the sport of orienteering. Our vision is to develop the sport of orienteering in the Asia Region. The Asian Junior and Youth Orienteering Championship is an effort to develop a comprehensive Regional Championship program catering to varied competitor groups and facilitating competitor training and development.

Orienteering is becoming a global sport, the participation of youths in the sport is an important element in ensuring the growth of orienteering. This is an opportunity allowing youths of Asian countries to come in contact with orienteering youths of other Asian countries; and most importantly, to share their compassion in Orienteering.

The focus of the Asian Junior and Youth Championship is training and development, participation and sharing. We hope to develop enduring friendship, and aim to create an Asian Orienteering community.

Let us enjoy the orienteering competitions in the season of Christmas in Hong Kong, let us wish everybody taking part every success the wish, and a very happy New Year ahead.

YUE Ting-wang, Dominic
President

2. Organizer

Orienteering Association of Hong Kong

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Website: www.oahk.org.hk

Email: info@oahk.org.hk

3. Event Officials

IOF Senior Event Advisor --

MURAKOSHI Shin (Japan)



Local Event Controllers--

LEUNG Lam Freddy (All Sprint events)



LEE Man Wai (Middle Distance)



Event Director --

POON Ka Hang

Event Organisers --

LIANG Chi Hang (Sprint Relay Event)

CHAN Chi Sing (Middle Distance)

YAN Kin Kong (Sprint Distance)



Jury ---

Guangshuo Zhang(CHN)	(Sprint Relay)
Inaba Hideo (JPN)	(Sprint Relay and Middle Distance)
Irina Chsheglova(KAZ)	(Sprint Distance)
Cha Yoonsun(KOR)	(Sprint Relay and Sprint Distance)
Rim Jun Gun(PRK)	(Middle Distance)
Changchan Yang(TPE)	(Sprint and Middle Distances)

4. Programme

Date	Time	Event	Place
Wed 23 Dec	1200-2000	AsJYC2015 Office Opens	Tai Tong Holiday Camp
Thur 24 Dec	1200-2000	Registration at AsJYC2015 Office	Tai Tong Holiday Camp
	1600-1715	Technical Model Event for Sprint Relay, Middle distance & Sprint	
	1715-1815	Team Official Meeting	
	1815-1930	Dinner	
	1930-2030	Xmas Party	
Fri 25 Dec	0730-0815	Breakfast	Tai Tong Holiday Camp
	0845-1000	Teams into quarantine	Science Park
	1000-1130	Mixed Sprint Relay	
	1130-1145	Opening Ceremony	
	1145-1200	Flower Ceremony	
	1200-1400	Lunch	
	1700-1800	Medal Ceremony	Tai Tong Holiday Camp
	1800-1930	Dinner	
Sat 26 Dec	0730-0815	Breakfast	Tai Tong Holiday Camp
	0845-0945	Teams into quarantine	Ngong Ping
	1000-1230	Middle Distance	
	1300-1330	Flower Ceremony	
	1330-1500	Lunch	Ma On Shan
	1700-1800	Medal Ceremony	Tai Tong Holiday Camp
	1800-1930	Dinner	
Sun 27 Dec	0730-0815	Breakfast	Tai Tong Holiday Camp
	0900-1000	Teams into quarantine	North District Park & Fanling Wai
	1000-1200	Sprint	
	1215-1230	Flower Ceremony	
	1230-1500	Lunch	Tai Tong Holiday Camp
	1500-1630	Medal Ceremony	Tai Tong Holiday Camp
	1630-1745	Free time	Peak
	1745-2130	Closing Banquet	Club One, Science Park
Mon 28 Dec		Departure	

5. Race Venue Location Map



6. AsJYOC 2015 Office

The AsJYOC2015 Office is located at 31 Tai Tong Shan Road , Tai Tong Holiday Camp

7. Accreditation

One Team Official should collect the accreditation for the whole team. As part of this process, the team members' passports must be shown to prove the nationality and full passport-holding citizenship of the country of their Federation (Rule 6.2). NOTE: Accreditation passes will not have been produced for anyone who has not sent a photograph to OAHK by 20th Dec. In such cases, the team member must attend at the AsJYOC Office in Tai Tong in person for a photograph; this may involve a lengthy wait. Each team will get a AsJYOC 2015 information/material pack from the AsJYOC Office after accreditation, to include:

- Bulletin 4 for all team members. Bulletin 4 will be the most important source of competition information for teams. This information will be complemented by Team Officials' Meeting;
- SPORTident cards for all competitions. Each SportIdent card is assigned by name to each competitor and shall not be used by another athlete; and
- Transport schedule.



8. Team Officials' Meeting

There will only be one Team official meeting held in Tai Tong Camp at 1715 -1815 on 24 December 2015. Only accredited team officials (maximum 2 per team) will be admitted.

9. Transportation

Official transportation to and from the training and competition venues will be provided during the whole training camp and competition period. Additional arrangement for teams on arrival and departure will also be arranged upon request.

10. Training Opportunity

No model event will be arranged. However, a training day will be held on 24th December 2015 in conjunction with the training camp at Tai Tong Country Park with both sprint and middle type of courses provided. Control setting, start and finish set up for the main competitions will be arranged so that competitors can get themselves familiarize with the actual competition setting. On the competition days, warm-up maps will be provided and competitors can run in the warm up area to get themselves familiarize with the competition map and terrain.

11. Accommodation and Food

Accommodation will be located at Tai Tong Holiday Camp, 31 Tai Tong Shan Road and the Asian-style food will be provided. Will have Egg, porridge, bread, sausage, ham and cereals for breakfast.

12. Ceremonies

Opening Ceremony

All athletes and officials not involved in the Sprint Relay are encouraged to participate in the Opening Ceremony in Science Park on 25 December 2015. Teams are asked to assemble in national team uniform. Each team should carry a flag.

Flower and Medal Ceremonies

Flower ceremonies will be held as soon as practical after the end of each competition in the event area. National team competition uniform must be worn.

Medal ceremonies will be held at the Tai Tong Holiday Camp as stated in the event Programme. The medal ceremony is organized for the six best athletes or three best relay teams. National team competition uniform must be worn.

Note: National flags, signs, sunglasses, hats, headbands, bottles and other such items are not allowed on ceremony stages.



Closing Ceremony

It is hoped that as many athletes and officials as possible will attend the Closing Ceremony at the Club One at Science Park. National team uniform must be worn.

Banquet

Date: 27 December 2015
Time: 1930 – 2130
Location: Club one, Science Park
Price: Included in Entry fee

13. Competition Inforamtion

Rules

IOF Competition Rules for Foot Orienteering and OAHK Competition By-Law will apply. See IOF Competition Rules and OAHK By-Law on IOF website : <http://orienteering.org> and OAHK website : www.oahk.org.hk respectively.

Embargoes Areas

1. Mixed Sprint Relay on 25 Dec 2015 Science Park, New Territories





The above competition areas have been embargoed with immediate effect.



Punching

SPORTident punching system will be used for all the races with standard contact solution for all the races. The competitors will carry their assigned SI card provided by the Organiser. Each SI card is assigned to a specific competitor and should not be used by any other athlete.

On each day, there will be spare SI cards on hand at the Event Centre in case a competitor has lost, misplaced or forgotten its card.

After the sprint relay (25 December) and after sprint distance competition (27 December), team leaders must return all SI card together to the AsJYOC Office. A fee of 280 HKD will be charged for any lost or broken SI card.

Timing

In all competitions the finish time will be measured when the competitor punches at the finish line except for mixed relay(see 16. general race day information). Times will be rounded down to 1 second and standard start procedure is to be used

Tracking

There will be GPS tracking (TRAC TRAC) in Sprint Relay race. All 4 legs competitors who should wear the GPS will have demo in the technical model event on 24 Dec. The 1st & 2nd legs of competitors will be handed out in the quarantine zone before the athlete is leaving for pre-start. The 3rd & 4th legs of competitors will be handed out in the change-over zone by the officials. (1st leg GPS pass to 3rd leg, 2nd leg GPS pass to 4th leg)

Equipment Return

After the Sprint race, a team representative must return all SI cards to the event centre. HK\$280 will be charged for any loss or damage of the Sportident Card.

Maps and Courses

Maps are drawn according to the International Specification for Orienteering Maps(ISOM 2000) and the International Specification for Sprint Orienteering maps(ISSOM 2007).

All AsJYOC 2015 maps are spot colour offset printed. Control descriptions are printed on the maps. Maps with waterproofed lamination will be issued at the start.



Refreshment Points on Courses

Water will only be provided at the pre-start area and on course in Middle Distance race. But no water will be provided on courses in other races.

Clothing

For middle distance race, competitors must wear clothing that fully covered their torso and legs. There are no restrictions for sprint and sprint relay.

Number Bibs

All competitors must wear their respective number bids at all the AsJYOC 2015 competitions. The bibs will be available in event office for middle and sprint races. For sprint relay, number bids will be issued at the event office in race arena on event day. The size of number bibs is 19.5 cm x 16.5 cm.

Coaching

Coaches are allowed to go to the quarantine and pre-start areas.

Finish Procedures

On crossing the finish line, athletes enter a restricted access area for SI-card download

Technical Model Event

At the Technical Model Event taking place at Tai Tong Camp on 24 Dec from 1600 to 1715, the punching, time equipment, the layout of start and finish areas of all races and the map change-over for sprint relay will be demonstrated.



14. Quarantine and Pre-start

Entry to Quarantine

Athletes and coaches must observe the check-in times for each AsJYOC race. The latest check-in time to enter the quarantine and pre-start is stated in the race details, and no one will be allowed into the quarantine area after that time.

It will take 40-minute walk from the middle arena to pre-start and 10 minutes for the sprint.

Coach can leave quarantine at any time but once they have left they are not allowed to return.

Clothes will also be transported from the quarantine and pre-started area to the arena.

15. Start Procedures

Start

The competitor's name and bib number is called at the pre-start. The competitor then enters the first box. The first box showing the start time. It is the competitor's responsibility to watch for his/her start time. There is also a clock showing competition time in the prestart area.

Procedures for Late Start

Late competitors must report at the pre-start call-up. The competitor will be allowed to proceed through to the start line, accompanied where possible by a Late Start Official.

Start Intervals

The start interval will be 1 minute for Middle and Sprint Distances.

Start Draws

The start draws will be made according to the IOF Competition Rules under the supervision of the Senior Event Adviser. The draws will not be open to team officials, athletes and public.



16. General Race Day Information

Sprint Relay

Science Park, Friday 25 December

Courses and Terrain

Course Setter : MA Lok Hin

Controller: LEUNG Lam

Mapper : MA Lok Hin

Class		Length (m)	Climb (m)	Controls	Refresh -ments	Winning Time	Map Scale	Contour Interval	Map Size (mm)	Maximum Time
M/W16	Leg 1,4	2200	8	19 - 20	-	14 mins	1:4000	2m	210 x 297	120 mins
	Leg 2,3	2300	8	20 - 21	-	14 mins	1:4000	2m	210 x 297	
M/W20	Leg 1,4	2600	8	21 - 22	-	14 mins	1:4000	2m	210 x 297	120 mins
	Leg 2,3	2700	8	24 - 25	-	14 mins	1:4000	2m	210 x 297	

Terrain Descriptions : Mixed with low density blocks and garden areas. Mainly covered by paved area with scatter of open land. Excellent runnability & good visibility. Man-made sculptures are marked as black crosses. Only the colours of water bodies/vegetation will be shown even if there are canopies above; while the outline of the canopies will still be present.

Quarantine Check-in Time: 0845-1000

Quarantine:

There will be quarantine zone for race – Club One, Warm-up Area and Pre-start Area. 1st 2nd leg runners need check-in Pre-start Area at 1040. Club One and Warm-up Area will be closed at 1100 for 3rd 4th leg runners who need check-in Pre-start Area. Team coaches are allowed in the Pre-start Area. But the use of mobile phones, computers or any other communication device inside the Pre-start Area is strictly forbidden.

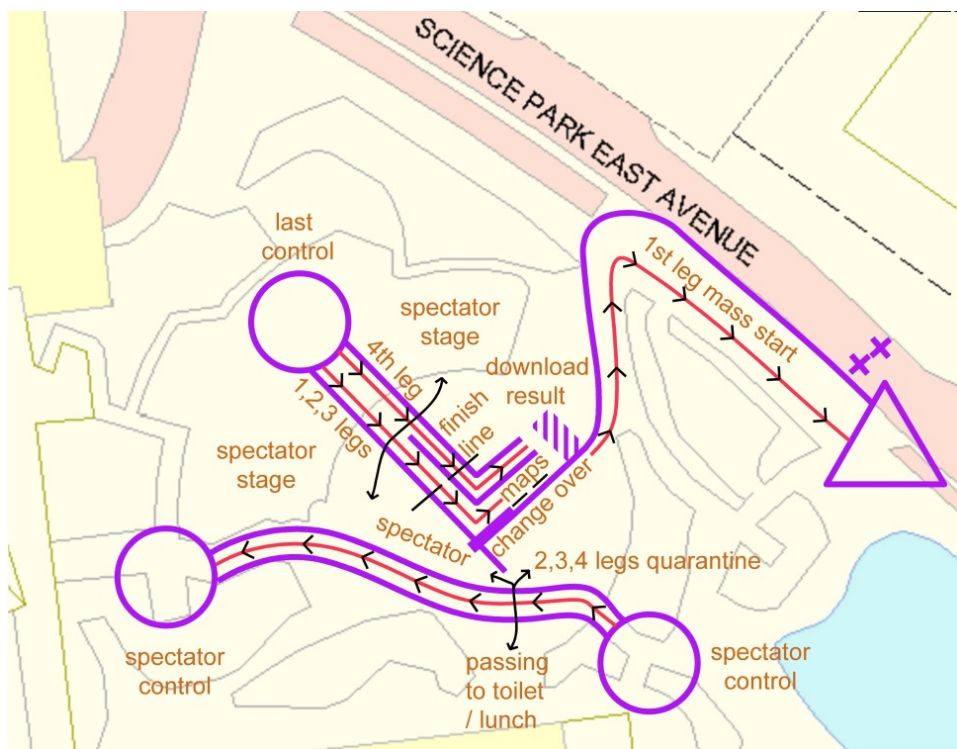
Start: 1000

All runners are strongly encouraged to clear and check their SI card well in advance. 1st leg runners will be asked to enter the mass start area 5 minutes before their starting time. Competitors will line up behind their maps. Maps will be arranged on the ground face down with the start number printed on the back. Start will take place on the sound of a start horn. It is mandatory to follow the yellow arrow tapes to the start flag about 20m. About 2 minutes before expected changeover, next leg runners should pass through the “call-up” point and enter the pre-start area. SI cards are cleared and checked. Having entered the Change-over Area to map-holding sticks where she/he will wait at the map labeled with team number and leg number (e.g. “101-2”, “101-3”, “101-4”). 2nd leg in the upper part, 3rd leg in the middle part, 4th leg in the lower part. It is the runner’s responsibility to pick the correct map. In case the competitor’s map has been taken by someone else by mistake, organizers will give a reserve map as quickly as possible. It is mandatory to follow the yellow arrow tapes to the start flag about 50m.



Changeover:

1st 2nd 3rd leg runners will first cross the finish line and make the changeover (passing the map to next legs), after that they have to punch the finish station. The Relay team result is taken when the 4th leg competitor's chest crosses the finish line. After crossing the finish line the 4th leg competitor should line-up to punch the finish station. The chest position is decisive if there is a close finish. The finish line will be video recorded. Please try to keep in the same order as at the finish line until your SI card is readout.



Timekeeping:

For mass start sprint relay, time is measured when the 4th leg runner's chest crosses the finish line. Video cameras are used for back-up timekeeping. Times are rounded down to whole seconds.

Flower Ceremony: 1145 – 1200

Arena Plan





Middle Distance

Ngong Ping, Saturday 26 December

Course Setter : Geoff PECK

Controller: LEE Man-wai

Mapper : Geoff PECK & CHUNG Chi-ming

Classes	Length (m)	Climb (m)	Controls	Refresh-ments	Winning Time	Map Scale	Contour Interval	Map Size (mm)	Control Description size(mm)	Maximum Time
M20	3500	150	12	1	25-30 minutes	1:10000	5m	210 x 297	55 x 110	90 minutes
W20	2900	130	10	1	25-30 minutes	1:10000	5m	210 x 297	55 x 100	90 minutes
M18	2900	130	10	1	25-30 minutes	1:10000	5m	210 x 297	55 x 100	90 minutes
W18	2500	110	9	1	25-30 minutes	1:10000	5m	210 x 297	55 x 90	90 minutes
M16	2900	130	10	1	25-30 minutes	1:10000	5m	210 x 297	55 x 100	90 minutes
W16	2500	110	9	1	25-30 minutes	1:10000	5m	210 x 297	55 x 90	90 minutes
M14	2500	110	9	1	25-30 minutes	1:10000	5m	210 x 297	55 x 90	90 minutes
W14	2200	90	9	1	25-30 minutes	1:10000	5m	210 x 297	55 x 90	90 minutes

Terrain Descriptions : A moderately hilly area consists of plateau, marshes, semi-open areas, open areas and woodland. There are areas with vegetation of slow run, walk and fight. Various rocky formations and stones are found on the slopes. There are some thorny weeds inside the undergrowth. Paths that might have been created temporarily by grazing cattle.

Start Interval : 1 min

Pre-start : All the athletes must leave the Event Centre before 1100 to the Pre-Start. No athlete will be allowed to enter the Pre-Start after 1130.

Flower Ceremony: 1300-1330

Arena Plan





Sprint

North District Park and Fanling Wai, Sunday 27 December

Course Setter : YU Sai Hong

Controller: LEUNG Lam

Mapper : YU Sai Hong

Classes	Length (km)	Climb (m)	Controls	Refreshments	Winning Time	Map Scale	Contour Interval	Map Size (mm)	Control Description size(mm)	Maximum Time
M20	2.6	20	17	-	15	1:4000	2m	220x260	55x130	60
W20	2.1	15	14	-	15	1:4000	2m	220x260	55x120	60
M18	2.4	20	15	-	15	1:4000	2m	220x260	55x130	60
W18	1.9	15	17	-	15	1:4000	2m	220x260	55x130	60
M16	2.0	15	16	-	15	1:4000	2m	220x260	55x130	60
W16	1.8	15	14	-	15	1:4000	2m	220x260	55x120	60
M14	1.6	10	14	-	15	1:4000	2m	220x260	55x120	60
W14	1.6	10	14		15	1:4000	2m	220x260	55x120	60

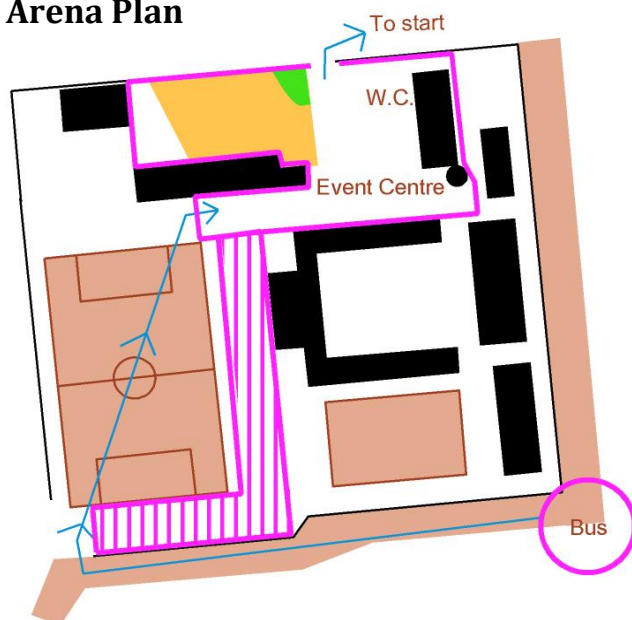
Terrain Descriptions : Urban park and village. Urban Park with lawn and also traditional village with irregular buildings. Excellent in runnability and visibility. Children play areas with rubber flooring are mapped as area with forbidden access (forbidden to cross) ISSOM 528.1. Goal posts, basketball backstop and stands are mapped as prominent man-made feature ISSOM 540.

Quarantine Check-in Time: 0900-1000

Start Interval: 1 minute

Flower Ceremony: 1215-1230

Arena Plan





17. Local Weather and Climate

Hong Kong's climate is sub-tropical, tending towards temperate for nearly half the year. During November and December, there are pleasant breezes, plenty of sunshine and comfortable temperatures. Many people regard these as the best months of the year. Temperature in December ranges between 16° to 20° C whilst it is not uncommon for temperature to drop to below 10° C.

Hong Kong Observatory : http://www.weather.gov.hk/cis/climahk_e.htm

18. Visa Requirement

For information for visa requirement to visit Hong Kong, please check with the web-site of the Immigration Department of Hong Kong :

<http://www.immd.gov.hk/en/services/hk-visas/visit-transit/visit-visa-entry-permit.html#part1>

19. Information

CONTACT

Orienteering Association of Hong Kong

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Bulletin 4

Bulletin 4 will be issued in 22 Dec 2015



Appendix I : Entry Summary

AsJYOC Entry Summary											
										No. per class	No of countries
Athletes											
	CHN	HKG	JPN	KAZ	KOR	PRK	TPE	MACAU*	EST*		
M14	10	6	0	0	0	0	2	0	0	18	3
W14	4	4	0	0	0	2	2	0	0	12	4
M16	2	6	4	2	0	1	7	2	1	25	8(2)
W16	0	5	0	1	0	1	3	3	0	13	5(1)
M18	0	8	0	2	2	1	2	1	0	16	6(1)
W18	0	2	0	2	3	1	2	0	1	11	6(1)
M20	9	4	10	1	0	0	5	1	0	30	6(1)
W20	7	4	9	0	0	0	4	0	0	24	4
	32	39	23	8	5	6	27	7	2	149	9(2)
Notes : There are 9 countries/areas entering the AsJYOC, however, two countries/areas are not eligible for the prizes , they are Macau* which is not an IOF Federation while Estonia* is not an Asian Federation.											
Team officials											
	CHN	HKG	JPN	KAZ	KOR	PRK	TPE	MACAU*	EST*	Total	
	7	4	3	4	3	3	13	1	1	39	
									Total	188	