



2017
VILNIUS

WORLD MTB ORIENTEERING CHAMPIONSHIPS

JUNIOR WORLD MTB ORIENTEERING CHAMPIONSHIPS

MTB ORIENTEERING WORLD CUP ROUND 3

Vilnius, Lithuania
19-27 August 2017



BULLETIN 2

Updated on 7 DECEMBER



The Lithuanian Orienteering Federation is pleased to welcome the participants to the World Mountain Bike Orienteering Championships and Junior World Mountain Bike Orienteering Championships from 19 to 27 August 2017 in Vilnius, the capital city of Lithuania.

1. Organisation

ORGANISERS

Lithuanian Orienteering Federation
City of Vilnius
MTBO RENGINIAI

ORGANISING TEAM

Event Director:	Roma Puišienė
Competitions director:	Jurgis Rubaževičius

EVENT ADVISORS

IOF Senior Event Adviser:	Ursula Häusermann (SUI)
National controller:	Vitalijus Paulauskas

CONTACTS

Phone:	+370 670 99997
Email:	info@mtbo.lt or wmtboc@gmail.com
Website:	www.mtbo.lt
Facebook:	www.facebook.com/wmtboc

2. Programme

Date	
Saturday, August 19	Team Arrivals, Training, Office Open
Sunday, August 20	Model event, Opening ceremony
Monday, August 21	Middle distance
Tuesday, August 22	Mass start
Wednesday, August 23	Relay
Thursday, August 24	Rest day
Friday, August 25	Long distance
Saturday, August 26	Sprint, Banquet
Sunday, August 27	Departure

Programme is preliminary. Subject to changes.

3. Venue

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The World MTB Orienteering Championships 2017 will be hosted by Vilnius, the capital of Lithuania, and its largest city with a population of about 550 000. The city is situated in south-eastern Lithuania at the confluence of the Neris and Vilnia rivers, close to a site claimed to be the Geographical Centre of Europe.

Vilnius is a cosmopolitan city with diverse architecture, however most known is the Vilnius Old Town, the historical centre of Vilnius, which is one of the largest in Europe (3.6 km²) and listed as UNESCO World Heritage.

Today Vilnius is the most alive city in Lithuania, full of cultural and night life, festivals and events. In 2009 Vilnius was buzzing with cultural activities as European Capital of Culture.

Vilnius is an ideal city to host world-class orienteering competitions: It is surrounded by beautiful forests and all five competitions will be held inside the city boundaries, creating an unforgettable orienteering experience for the participants, as well as a unique entertainment opportunity for spectators.



4. Event centre (EC)

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The EC will be established in the URBIHOP Hotel.

Address: Ažuolyno g. 7, LT-07196 Vilnius
Phone: +370 5 252 6262
Web: www.urbihop.com

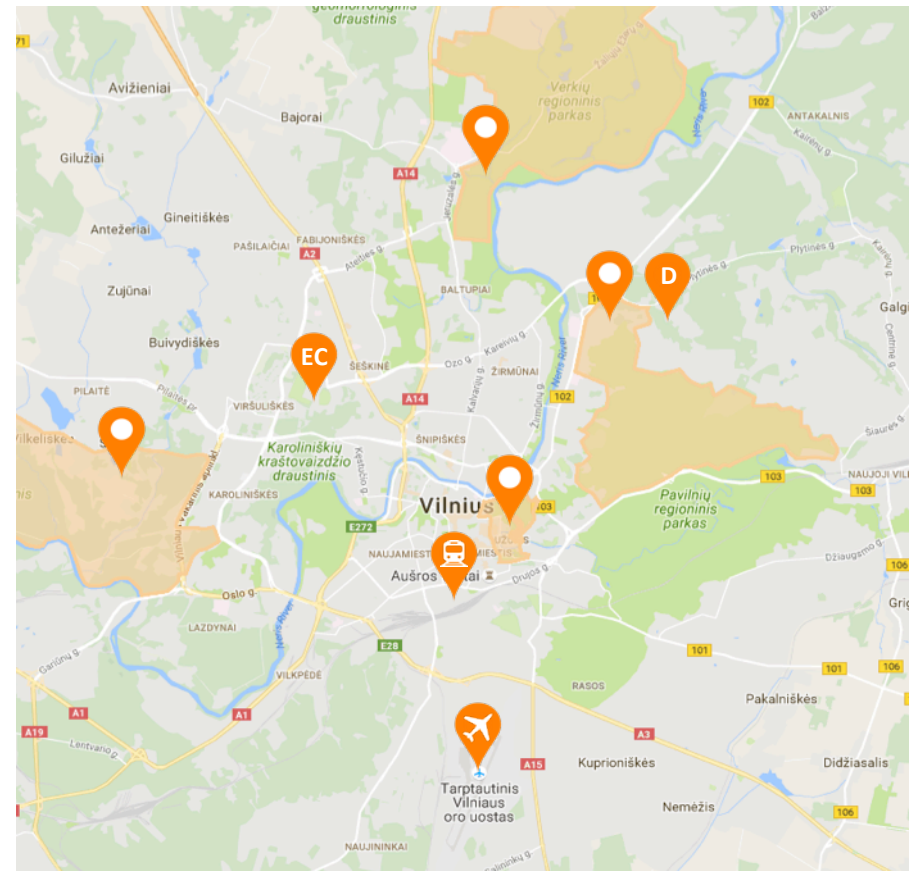
Urbihop is part of SEB tennis arena complex, it is located 6 km from the city centre, 7 km from the Vilnius train station and about 12 km from Vilnius International Airport (VNO).

The URBIHOP Hotel is the main accommodation option. Please find detailed information on services, prices and reservation in Chapter 11, Accommodation.



Event Center location is very convenient for access of Race arenas – all Race Centers will be located within 6-8 km. distance from the Event Center.

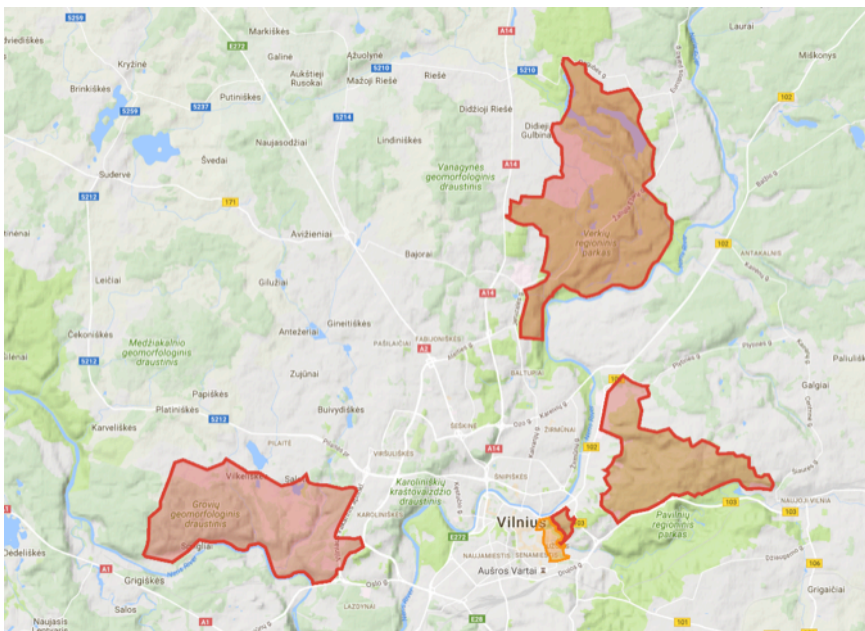
Event Centre will be site for Event Office and Team officials meetings.



5. Embargoed Areas

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Below is an overview of the embargoed areas. Detailed maps of all embargoed areas can be found on the organizer's website www.mtbo.lt.

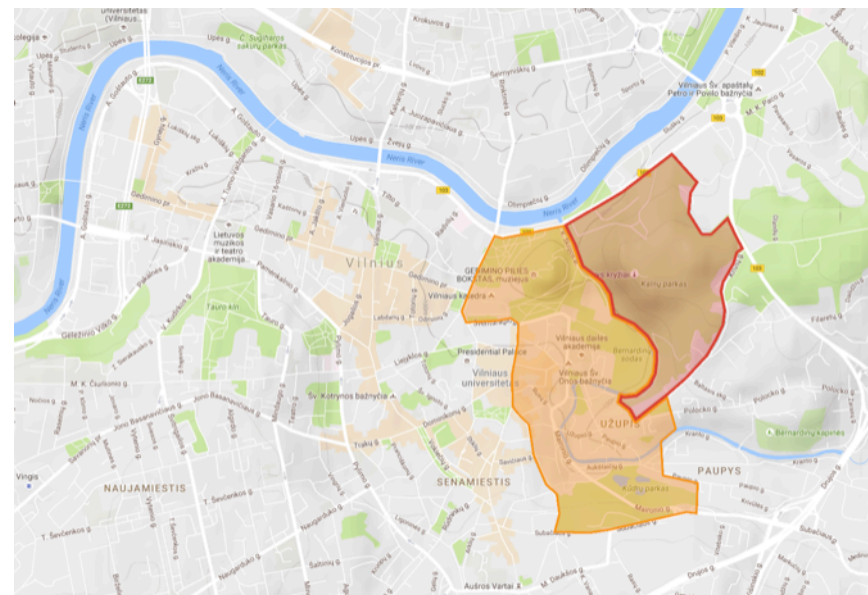


The areas marked on the map are embargoed for all orienteering activities, unless specifically permitted by the organiser. The embargoed areas are out of bounds for all potential participants and team members, including competitors, team leaders, coaches, doctors, escorts, and any other person with potential connection to a team (athletes or others). This means that all potential participants and team members are not allowed to visit these areas with or without a map at all, regardless of

whether it is an orienteering activity or a training session, a walk with the dog or a leisurely Sunday stroll.

The full embargo is also valid for the area marked in red in the city of Vilnius (see enlarged map below). So potential participants and team members (detailed definition see above) are not allowed to enter Kalnų parkas, the forested area east of the river Vilnia in the city of Vilnius.

The area marked in yellow in the city of Vilnius can be visited on foot or by car without an orienteering map, but any orienteering or MTBO activity is restricted and it is strictly forbidden to ride a bike



6. Maps and Terrain description

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Competition	Race Area	Distance EC	Map	Terrain descriptions
Middle distance	Sapieginė	8 km.	1:10000, E 5m	Terrain is hilly, with multiple steeper slopes. Vegetation is a mixture urban areas and forested areas (dominating pine wood). Most tracks are easy rideable.
Mass start	Grioviai / Salotė	5 km.	1:10000, E 5m	Terrain is hilly, progressing to the steep slopes. Vegetation is a mixture of open cultivated land, urban areas and forested areas (dominating pine wood). Most tracks are easy rideable.
Relay	Salotė / Pasakų parkas	5 km.	1:10000, E 5m	Terrain is hilly, progressing to the steep slopes. Vegetation is a mixture of forested areas, forest park (dominating pine wood), open cultivated land and urban areas. Most tracks are easy rideable.
Long distance	Žalieji ežerai/ Verkiai	8 km.	1:15000, E 5m	Terrain is mixture of flat to gently sloping pine forest and steeper river/lake slopes. The dominating vegetation is pine forest with some urban areas. Most tracks are easy rideable.
Sprint	Kalnų parkas / Old Town	6 km.	1:5000, E 5m	Terrain is mixture of flat urban areas, urban park and hilly forest park, with some steeper slopes. Most tracks are easy rideable.

The maps are drawn and printed according to the IOF International Specification for MTB Orienteering Maps.

The most recent versions of previous orienteering maps of the competition terrains are accessible on the organizer's website www.mtbo.lt.

7. Winning times

The winning times in minutes according to the IOF Competition Rules are as follows:

	W21 & M21	W20 & M20
	min	min
Middle distance	55 - 60	44 - 48
Mass Start	75 - 85	60 - 68
Relay: <i>average per leg</i>	40 - 45	30 - 35
<i>total winning time</i>	120 - 135	90 - 105
Long distance	105 - 115	84 - 92
Sprint	20 - 25	16 - 20



Competition Rules

The WMTBOC/JWMTBOC 2017 will be organized in accordance with the Competition Rules for IOF MTB Orienteering Events as published by the IOF and valid from 1 January 2017, *the Special Rules for the 2017 World Cup in MTB Orienteering* and the IOF Anti-Doping Rules valid at the time of the event. All competition rules can be found on the IOF website www.orienteering.org.

- Competitors must get to all control points with their bikes.
- Riding off the track or trail is allowed in areas marked as forest or freely rideable open area. Off track riding is strictly prohibited in all other areas, including settlements, cultivated land, orchards, vineyards and all other open areas not marked as rideable. Competitors riding off track in restricted areas are responsible for any damage claimed by the landowners and will be disqualified.
- In the Sprint competition riding off the track or trail is not allowed.
- In Lithuania one drives on the right side of the road. Therefore competitors must ride on the right side on all roads and tracks.

Time keeping and punching system

SPORTident Air+ (touchless) with Active Cards (SIACs) will be used at all competitions. The rental fee of the SIAC is included in the entry fee.

Doping

Doping is strictly forbidden, and the organizers of the WMTBOC and JWMTBOC 2017 are dedicated to supporting the anti-doping authorities in their work.

Doping controls may be carried out any time during the competition period. As some sites for the doping controls may be a few minutes' drive away, we suggest that athletes are prepared at all competitions to take along some dry clothes to change into after their race.

Doping tests are always carried out in accordance with the procedures described in the WADA International Standard of testing. The IOF Anti-Doping Code and rules valid at the time of the event apply.

Athletes who are selected for the doping tests must bring an official identification (with photo) to the doping test area. Accreditation cards with photo can also be used for this purpose. The athletes should bring along their therapeutic use exemption (TUE) if applicable. In general, it is advisable that the athletes bring along their ID to all the competitions and events.

Please find more information about anti-doping at <http://orienteering.org/anti-doping>.

Classes

WMTBOC - W21, M21

JWMTBOC - W20, M20

WMTBOC

There is one class for women (W21) and one for men (M21). There are no age restrictions.

Each federation may enter a team of up to 16 competitors - up to 8 women and 8 men - and an unlimited number of team officials. In each individual race, except the Long distance competition, every federation may enter up to 6 women and 6 men. In addition, the current World Champions for the distance may be entered by their federations, provided they are members of the federation's team.

For the Long distance competition, the number of competitors who may enter is limited. The qualification rules are published as Special Rules decided by the IOF Council and published at the latest by 31 January 2017.

In the Relay, each federation may enter up to 2 women's teams and 2 men's team, each consisting of 3 team members. Incomplete teams and teams with cyclists from more than one federation are not allowed.

JWMTBOC

There is one class for women (W20) and one for men (M20). Only competitors who are entitled to compete in these classes (W20 or M20) may participate.

Each federation may enter a team of up to 12 competitors - up to 6 women and 6 men - and a number of team officials. In each individual competition every federation may enter up to 6 women and 6 men.

In the Relay, each federation may enter up to 2 women's teams and 2 men's teams, each consisting of 3 team members. Incomplete teams and teams with cyclists from more than one federation are not allowed.

PUBLIC RACES

Open competitions will be offered. More information follows in Bulletin 3.

Entry

WMTBOC and JWMTBOC competitors may only be entered by their federation.

Entries are made in IOF Eventor, please see <https://eventor.orienteering.org/Events/Show/5118>

Entry will be open from 24 October, 2016

Deadlines

Preliminary entry by 1 May 2017 giving:

- country
- number of competitors for each class
- number of relay teams
- number of team officials
- team manager's name, address and telephone number

Final entry by 15 July 2017 giving:

- country
- each competitor's family name and first name, year of birth, gender and class
- family name and first name of the team officials

There is an extra fee of 20 % for late entries.

Very late entries may be refused.

Fees and payments

Fees are in € and per person (except Relay)	WMTBOC	JWMTBOC	Team officials
Sprint distance	60	40	-
Middle distance	60	40	-
Long distance	60	40	-
Mass start	60	40	-
Relay (<i>per team</i>)	180	120	-
Accreditation/registration (<i>including banquet</i>)	60	40	60

Full payment of all entry and accreditation fees must be made no later than 15 May 2017.

Please make your payment to:

IBAN:	LT637300010143023967
Account holder:	VŠĮ „MTBO renginiai“,
Company ID:	303981383
Address:	Žvirgždyno 1, Vilnius, Lithuania
SWIFT/BIC:	HABALT22
Bank:	SWEDBANK AB VILNIUS

Charges and bank fees are to be paid by the sender/payer. Competitors or teams may be excluded if their entry fee is not paid.

11. Accommodation

The main accommodation will be the **Urbihop Hotel***** (www.urbihop.com) where the EC is located.

The modern Urbihop Hotel is part of the SEB Arena - a multifunctional sports, services and health complex and the largest indoor centre of tennis courts in the Baltic States.

The hotel has a large parking area, a 24/7 reception and a lobby bar as well as lifts. All rooms come with a flat-screen TV, air conditioning, toiletries, towels, a hair dryer etc. Free WiFi is available in all rooms.

Urbihop Hotel***

<i>type of room</i>	<i>available rooms</i>	<i>price *</i>
twin: 2 single beds	41	45
double: 1 double bed	43	45
double used by only 1 person		38
triple: 2 single beds or 1 double bed, 1 sofa bed	4	60
quadruple: 2 single beds, 2 bunk beds	3	68
family room: 2 single beds, 1 sofa bed, 1 double bed; fridge, microwave	6	78
dormitory room with bunk beds for 10 people, 2 bathrooms	1	160

• All prices are in € per room and per night.

There is secure bike storage in a building next door.

A shopping centre with various shops is nearby (about 5 minutes on foot); the huge shopping and entertainment centre 'Akropolis' - see <http://akropolis.lt/en/vilnius> - is also close (5 minutes by car or 2 stops by bus).

The rooms are allocated on a first-come, first-served base.

Meals: Breakfast is included in the price; dinner can be booked at € 10.00 per person.

Please book accommodation and meals at the Urbihop Hotel directly with the hotel management, either by telephone or by using the form 'Accommodation booking' provided on the organizer's website www.mtbo.lt.

Contact details for booking:

Ph.: +370 5 278 6170,
Fax: +370 5 213 5900
Email: book@urbihop.com

Your booking will become valid after paying 50 % of the total cost (accommodation and meals) to the hotel. Payment details will be given in the booking confirmation.

Deadline for booking accommodation and meals (dinner) at the Urbihop Hotel: **15 June 2017**

Please note that the hotel deals with all bookings of accommodation and meals - not the organisers!

Accommodation alternatives

ACCOMMODATION IN DORMITORIES

Inexpensive accommodation will be provided in the student dormitories for 20 EUR per room per night. The room is for 2 persons and contains 2 beds. There is a small kitchen in a corridor. Washing machines available to use. The dormitory will provide a space for bike storage.

Address of the dormitories: Saulėtekio al. 39A-1.
(see sign “D” on the map on the page 4).

The distances to the event center and arenas:

- To the event center 8,6 km
- To the mass start arena: 14,3 km
- To the relay arena: 14,3 km
- To the middle arena: 3 km
- To the long arena: 9,3 km
- To the sprint arena: 7,2 km

Please book accommodation in dormitories with the organisers via an email to info@mtbo.lt indicating the number of rooms and the dates.

Bookings become only valid by paying 100 % of the amount to the organisers' account.

Payments should be received latest on **15 March 2017**.

Please pay to:

IBAN: LT637300010143023967

Account holder: VŠĮ „MTBO renginiai“,

Company ID: 303981383

Address: Žvirgždyno 1, Vilnius, Lithuania
SWIFT/BIC: HABALT22
Bank: SWEDBANK AB VILNIUS

OTHER ACCOMMODATION

There is a wide range of other accommodation in Vilnius. To book it or to get information about the city, please visit the website of the Vilnius Tourist Information Centre at www.vilnius-tourism.lt/en. Other websites that might be helpful are listed under 15. Useful websites.



12. Travel information

TRANSPORT

If you don't have your own car or a rental car, transport from Vilnius airport or from the railway station to the Event Centre is possible by taxi or by public transport (bus). For bus timetables visit www.stops.lt/vilnius/#vilnius/en.

The competition centres/finish arenas are all within the city boundaries and could be reached by bike. The distances from the Event Centre see in Chapter 6.

On request, the organizers will offer transport from the airport or the railway station to the EC and/or transport to the finish arenas during WMTBOC and JWMTBOC (extra cost). Please send your request for transport by the organizers to info@mtbo.lt by 1 May 2017.

IMPORTANT INFORMATION FOR AIR PASSENGERS!

Due to runway reconstruction Vilnius International Airport will be closed from **14 July** till **18 August 2017**. For 35 days most of the flights will be diverted to Kaunas Airport (approx 100 km distance from Vilnius).

For detailed information please visit Vilnius international Airport website: www.vilnius-airport.lt/en/

VISAS

Lithuania is a full Schengen member state. The following IOF full member countries require a visa to Lithuania: Belarus, China, Colombia, Kazakhstan, Moldova, Mongolia, Russia, South Africa and Turkey.

Visas have to be applied for at the nearest Lithuanian embassy. The organisers will assist participants as required to obtain visas. Please make sure that you allow for sufficient time (at least 3 months) for invitation letters and visa processing. Also note that visa regulations are subject to change. Please double-check your specific visa requirements.

LOCAL WEATHER CONDITIONS

Vilnius experiences a humid continental climate. In August the temperatures are pleasant with an average high of 23°C and a low of 12°C. On the average there are 16 rainfall days with a precipitation of 68 mm, but towards the end of the month it is usually drier than at the beginning. So the chances are quite good that the weather will be ideal for biking during the event ☺.

TRAINING CAMP 1-7 MAY, VILNIUS

Training camp will be organised in Vilnius in the first week of May 2017. It will consist of two parts:

1-4 May – 8 trainings in the surroundings of Vilnius

5-7 May – 3-day Orienteering event **Vilnius 2017**

Two trainings per day will be organised during first stage of training camp (Mon-Thu). First training of the day will be prepared as free order training - the controls will be set in the forest, but no timing or planned courses - teams are free to do the training according to their wishes.

Afternoon training will be prepared in competition format - with punching and timing.

Second stage of the training camp (Fri-Sun) is 3-day orienteering event - **Vilnius 2017**. The Maps of all days are bordering with WMTBOC 2017 areas. Event programme:

May 5 - Karoliniškės sprint in the afternoon, (close to the WMTBOC mass start map);

May 6 - Šilėnai, (close to the other side of mass start map of WMTBOC), long distance competition;

May 7 - Karveliškės (close to the other side of mass start map of WMTBOC) mass start competition.

More information will be available on event Organiser's website: <http://www.perkunas.lt/en/Vilnius-2017/>

Price for the training camp is **78 EUR** per participant. Included are 8 trainings and entry fee for 3 starts in Vilnius

2017. Entry via email - info@mtbo.lt.

Accommodation, transportation and other services are not included. Please let us know if you need assistance in arrangement of accommodation and/or transportation.

The price for the training camp should be paid by wire transfer to VSI MTBO account:

IBAN: LT637300010143023967

Account holder: VŠĮ „MTBO renginiai“,

Company ID: 303981383

Address: Žvirgždyno 1, Vilnius, Lithuania

SWIFT/BIC: HABALT22

Bank: SWEDBANK AB VILNIUS

Deadline for entries and payment – **3 April 2017**.

After this deadline acceptance of entries are subject to 22 EUR surcharge and availability of vacant start times in competition Vilnius.

OTHER TRAINING OPPORTUNITIES

The organizers are also happy to provide maps and help with organizing trainings upon request (info@mtbo.lt).

The calendar of national Lithuanian MTBO events can be found at <http://orienteering.lt/varzybos-ir-trasos/varzybos/> (only in Lithuanian). On the organiser's website www.mtbo.lt the national MTBO competitions will be listed in English.

14. Media

We welcome all media representatives to the World MTBO Championships for the Elite and Juniors. For media accreditation and more information please contact Donatas Lazauskas, media@orienteering.lt.

15. Useful Websites

Vilnius City Municipality: www.vilnius.lt/kalbos/?lang=en

State Department of Tourism: <http://tourism.lt/en/>

National Tourism Information: www.lithuania.travel

Vilnius International Airport: www.vilnius-airport.lt/en/



16. Deadlines

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Date	Deadline for:
15 March 2017	Payment deadline for Accomodation in Dormitories
3 April 2017	Entry and payment deadline for Training Camp in Vilnius (1-7 May)
1 May 2017	Preliminary entry in IOF Eventor
1 May 2017	Sending requests for transport to organizers
15 May 2017	Full payment of all entry and accreditation fees to organizers
15 June 2017	Booking accommodation and meals at the Urbihop Hotel
15 July 2017	Final entry in IOF Eventor