

## TRAINING POSSIBILITIES FOR IOF ORIENTEERING WORLD CUP ROUND 1

Orienteering club Hiidenkiertäjät offers various training possibilities in relevant terrains to IOF World Cup round 1 competitions. The following trainings are prepared and available for purchasing upon request.

The locations of training maps can be viewed from the [Google maps link](#). Map maker for all the training maps (sprint partially) is Arvo Paulin, who is responsible for map making of individual sprint, middle and long distance events in the Orienteering World Cup round 1.

### Training 1, Kiskakallio

Middle distance

Map scale: 1:10 000, 5 m

Map maker: Arvo Paulin



### Training 2, Kivimäki

Middle distance

Map scale: 1:10 000, 5 m

Map maker: Arvo Paulin



### Training 3, Lohilampi

Long distance

Map scale: 1:15 000, 5 m

Map maker: Arvo Paulin

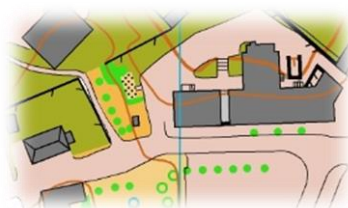


### Training 4, Virkkala

Sprint

Map scale: 1:4 000, 2.5 m

Map makers: Arvo Paulin & Eemeli Suominen



Pre-set courses are available for all training maps. Controls are equipped with control flags / plastic tapes. For further information about prices for maps and training packages as well as recommended dates for training camps, contact:

Jarkko Saarinen

+358443064001

[jarkkosaarinen85@gmail.com](mailto:jarkkosaarinen85@gmail.com)

The IOF World Cup round 1 Event Centre Kiskakallio Sports Institute [www.kiskakallio.fi](http://www.kiskakallio.fi) is the accommodation partner for World Cup training camps. For accommodation information and reservations, please contact:

Elina Kaukojärvi

+358445846518

[elina.kaukojarvi@kiskakallio.fi](mailto:elina.kaukojarvi@kiskakallio.fi)

