



WORLD  
ORIENTEERING  
CHAMPIONSHIPS  
LATVIA | 2018

Latvia 100 

BULLETIN 2



EUROMEETING  
CĒSIS, LATVIA 2016



# I PROUDLY WELCOME ALL PARTICIPANTS OF EUROMEETING 2016 IN LATVIA!



Latvia is a small yet beautiful country with vast forests, blue rivers and long-standing orienteering traditions. In the next 4 years, Latvia will be a pivot of the orienteering universe. We are going to organise various noteworthy orienteering events – from Eurometing this year, to World Rogain Championships and World Cup in 2017, to World Orienteering Championships in 2018 and, lastly, to World Masters Orienteering Championships in 2019. We anticipate these to be four unforgettable years; however, at the same time it is an equally great challenge both for the organisers and the entire Latvian orienteering community. I hope that we, organisers, manage to do our best at this Eurometing and that participants will enjoy our autumn-tinted forests, the historic city of Cēsis and exciting orienteering gatherings in Latvia!

On behalf of the Latvian Orienteering Federation I am pleased to welcome athletes, team leaders, officials, spectators and guests to Eurometing!

Viesturs Tamužs  
President of the Latvian Orienteering Federation



## LOCATION:

Recreation Complex "Ratnieki" - 57°13'24.7"N 24°57'45.7"E

Arena Zvārtes iezis - 57°14'45.2"N 25°08'51.0"E

Arena Cēsis - 57°18'52.5"N 25°16'44.7"E





## PROGRAMME

(adjusted)

9/22/2016

12.00 - 18.00  
14.00 - 18.00

Open Event office  
Model Event

Recreation Complex "Ratnieki"  
Recreation Complex "Ratnieki"

9/23/2016

10.00 - 12.00  
13.00 - 17.00  
13.30 - 15.00  
**14.00**  
17.30 - 18.00  
18.15

Open Event office  
Open Race office  
Open quarantine  
**Start MIDDLE DISTANCE (WRE)**  
Model event Latvian Cup "Cēsu Rudens"  
Awards Ceremony

Recreation Complex "Ratnieki"  
Arena Zvārtes iezis  
Arena Zvārtes iezis  
**Arena Zvārtes iezis**  
Arena Zvārtes iezis  
Arena Zvārtes iezis

9/24/2016

9.00 - 10.00  
11.00 - 16.00  
**12.00**  
16.30

Open Event office  
Open Race office  
**Start LONG DISTANCE (WRE)**  
Awards Ceremony

Recreation Complex "Ratnieki"  
Arena Zvārtes iezis  
**Arena Zvārtes iezis**  
Arena Zvārtes iezis

9/25/2016

9.00 - 15.00  
10.30 - 11.00  
**11.00**  
13.30

Open Race office  
Open quarantine  
**Start SPRINT DISTANCE (WRE)**  
Awards Ceremony

Arena Cēsis  
Arena Cēsis  
**Arena Cēsis**  
Arena Cēsis

## COUNTRY

	Middle	Long	Sprint
Czech Republic	9	9	0
Estonia	15	13	17
Finland	29	28	25
France	16	12	14
Germany	2	2	2
Great Britain	13	10	13
Hong Kong	6	6	6
Israel	1	0	1
Latvia	20	20	22
Poland	1	1	1
Russian Federation	8	7	8
Switzerland	10	10	10
<b>TOTAL</b>	<b>130</b>	<b>118</b>	<b>119</b>

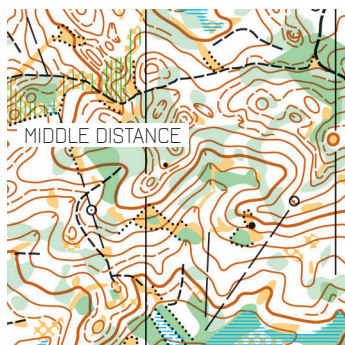


## TERRAIN AND MAP

### Middle and long distance – Zvārties iezis.

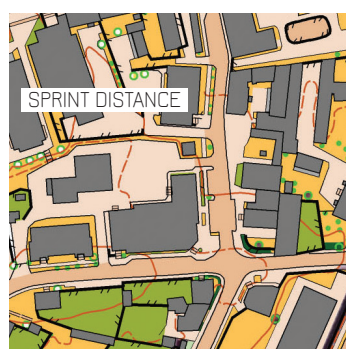
The terrain is located in the territory of the Gauja River National Park, on the right bank of the Amata River. Passability from good to medium. Large contour features, pronounced systems of ravines. Height difference up to 60 m. A medium density of road and ride network. Dangerous areas – sandstone cliffs at the Amata River banks.

Fragments of older maps can be viewed here:



### Sprint – Cēsis.

The northern part of the Cēsis city. There are family houses, apartment houses and public buildings on the terrain. The map covers a part of the Old Town. Height difference 30 m. This area has never been mapped for orienteering purposes.



## MIDDLE DISTANCE 9/23/2016

### Arena Zvārties iezis

Map scale: 1:10000

Contour interval: 5 m

Mapper: Leonīds Malankovs

Course planner: Aigars Leiboms

#### Courses

	Length, km	Climb, m	Controls	Refreshment point	Winning time	Maximum time	Map size, mm
<b>Women</b>	5.0	215	18	1*	35 min	120 min	A4
<b>Men</b>	6.0	235	21	1*	35 min	120 min	A4

\* Water will be served at refreshment points. Coaches may hand over athlete's own drinks from the coaching area near the arena.

Number bibs will be distributed at the Event Office from 10.00 to 12.00 and at the Race Office located in the Arena Zvārties iezis from 13.00 to 14.00.

Start interval 2 minutes.

Start lists are based on World Ranking at 01.09.2016. The best-ranked runner will start last. Start lists will be published in event homepage <http://www.euromeeeting.woc2018.lv/>.

Maps will be produced in digital print on waterproof paper. Maps will not be placed in plastic bags.

Local symbol on the map – a brown cross – is for an ant-house.

Punching system: SPORTident with a finish punch at the finish line.





## Quarantine

The distance from the arena to the quarantine zone is 630m.

Quarantine check-in time: 13.30 - 15.00. Runners who have missed the deadline will not be allowed to start. Inside the quarantine zone use of any telecommunication devices (phones, smartphones, tablets, PCs with gprs or Internet connection etc.) is forbidden.

The quarantine zone is accommodated with a canopy, WC, water, warm-up maps and GPS devices.

## Pre-start procedure



For the convenience of runners, the organisers will provide 8 tents 3x3 m in the Arena.

## LONG DISTANCE 9/24/2016

### Arena Zvārties iezis

Map scale: 1:15000

Contour interval: 5 m

Mapper: Leonīds Malankovs

Course planner: Juris Knēts

### Courses

	Length, km	Climb, m	Controls	Refreshment point	Winning time	Maximum time	Map size, mm
Women	9.9	450	25	2*	78 min	180 min	A4
Men	14.4	600	35	2*	94 min	240 min	A4

\* Refreshment points are represented on the map with symbol 713 (Refreshment point).

Number bibs will be distributed at the Event Office from 9.00 - 10.00 and at the Race Office located in the Arena

Zvārties iezis from 11.00 - 12.00.

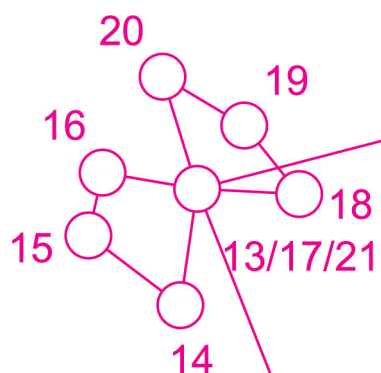
Start interval 2 minutes.

Start lists are drawn using three start groups (early, middle, late) according to World Ranking at 01.09.2016. (this rule deviation has been accepted by IOF). Start lists will be published in event homepage

<http://www.euromeeting.woc2018.lv/>.



Butterfly loops are used in the course planning.



Owing to the dry summer and loss of some of foliage in the autumn the actual passability is better than that shown on the map.

Maps will be produced in digital print on paper. Maps will be placed in non-sealed plastic bags.

Local symbol on the map – a brown cross – is for an ant-house.

Punching system: SPORTident with a finish punch at the finish line.

Pre-start procedure



The distance from the arena to start is 750m.

No quarantine zone.

WC, water and GPS devices in the start area.

## SPRINT DISTANCE 9/25/2016

### Arena Cēsis

Map scale: 1:4000

Contour interval: 2 m

Mapper: Igors Bužs

Course planner: Juris Knēts

### Courses

	Length, km	Climb, m	Controls	Refreshment point	Winning time	Maximum time	Map size, mm
Women	2.60	15	21	0	15 min	50 min	A4
Men	3.00	20	19	0	15 min	50 min	A4

Number bibs and SPORTident Air+ will be distributed on Saturday 24.09.2016 from 14.00 to 16.00 at the Race Office in the Arena Zvārties iezis and on Sunday 25.09.2016 from 9.00 to 11.00 at the Race Office in the Arena Cēsis.

Start interval 1 minute. Men and women start alternately! This means a runner entering the start corridor every 30 seconds.

Start lists are based on World Sprint Ranking at 01.09.2016. The best-ranked runner will start last.

Maps will be produced in digital print on waterproof paper. Maps will not be placed in plastic bags.

Local symbol on the map – a black cross – stands for a man-made object (an environmental object, football gate, basketball tower etc.).

Punching system: touch-free SPORTident Air+ punching system will be used. Air+ chips will be provided by the organisers. During the pre-start procedure it is mandatory to punch in CHECK station after the CLEAR, since only CHECK activates the touchfree mode. After CHECK there will be Air+ TEST station where the touchfree punch function can be verified. In the unlikely situation of SI Air+ not registering at the control on the course, the control unit should be punched as a normal SI control. Should this also fail, then physical pin punch should be used.

85% of the running in the sprint race is on hard surface (asphalt, cobblestones). Running shoes with no studs recommended.





## Pre-start procedure



## Danger

Traffic will not be closed in the sprint area. Take care when crossing the streets! When heading for the spectator control, the runners have to cross a major street represented with symbol 709 (Out-of-bounds area). It is forbidden to cross an out-of-bounds area! Competitors violating this rule will be disqualified. This street should be crossed only in places marked with symbol 708 (Crossing point). The crossing points will be monitored by marshals who will stop the traffic if necessary.



709 Out-of-bounds area  
(forbidden to cross)

708 Crossing point

## Quarantine

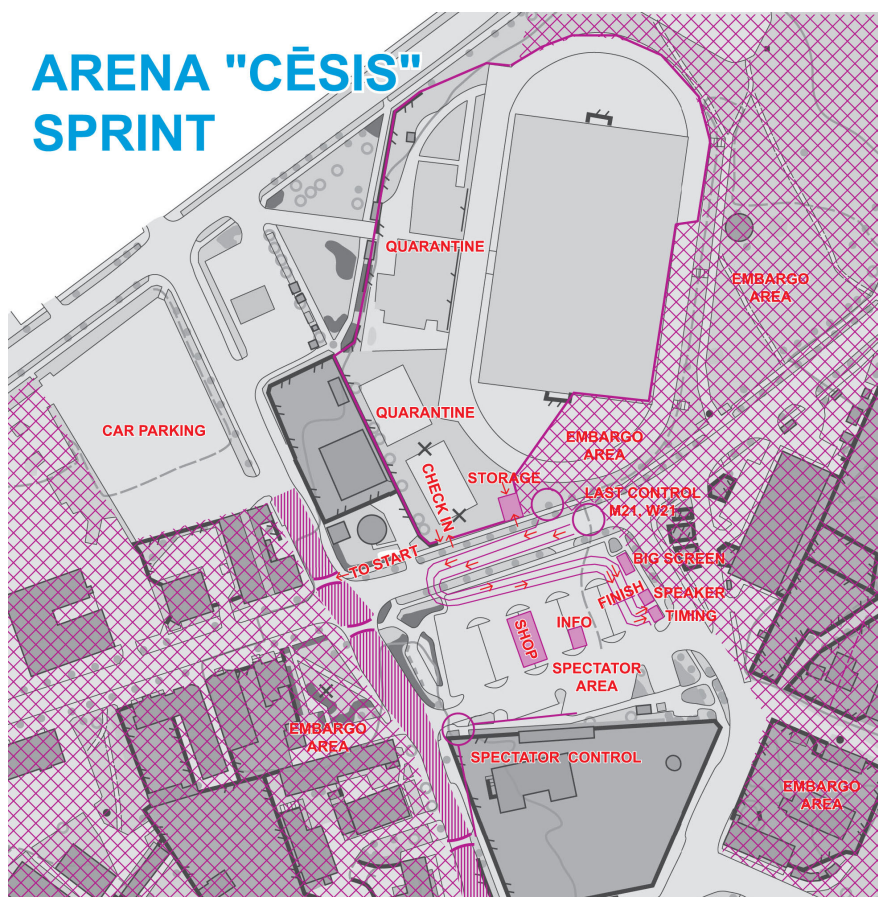
The distance from the arena to the quarantine zone is 50m.

Quarantine check-in time: 10.30 – 11.00. Runners who have missed the deadline will not be allowed to start. Inside

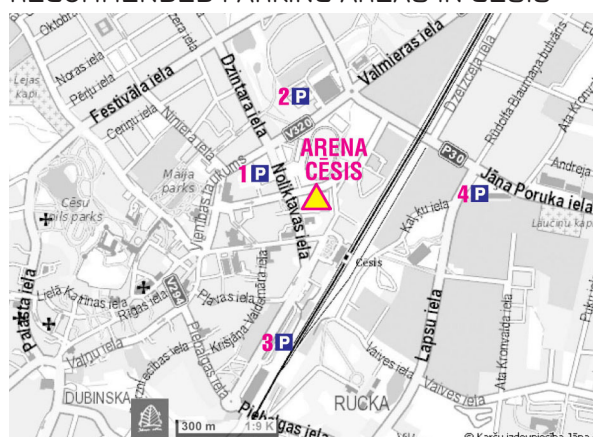
the quarantine zone use of any telecommunication devices (phones, smartphones, tablets, PCs with gprs or Internet connection etc.) is forbidden.

The quarantine zone is accommodated with a canopy, WC, water, warm-up maps, GPS devices and luggage storage.

## ARENA "CĒSIS" SPRINT



## RECOMMENDED PARKING AREAS IN CĒSIS



## GPS TRACKING

GPS tracking: GPS units will be distributed to 30 best men and 15 best women and additionally to selected competitors. GPS distribution list will be published in event homepage <http://www.eurometing.woc2018.lv/>. Competitors assigned with GPS must carry the GPS device during the race. GPS units are provided together with vests and shall be collected by participants at the quarantine checking (or prestart area when quarantine will not be used). GPS units with vests shall be returned at the finish of each race.

## PLEASE NOTE!

IOF Competition Rules forbid the use of GPS devices unless there is "no display or audible feedback".

Possession or use of any orienteering or other maps of the competition area is prohibited during competition day at the race site. This is valid for competitors as well as for others.

Older maps - <http://www.eurometing.woc2018.lv/old-maps/>

Embargoed area - <http://www.eurometing.woc2018.lv/embargoed-areas/>

The deadline for written protests, to be submitted to the Eurometing Office in the Arena, is 15 minutes after the last finisher.

## ORGANISERS

Latvian Orienteering Federation  
Cēsis Municipality  
SIA "O! Latvija", Orienteering Club "Meridiāns"

Event Director: Jānis Lazdāns, [janis.lazdans@woc2018.lv](mailto:janis.lazdans@woc2018.lv)  
Event Secretary: Inese Purgaile, phone +371 29751855, [info@woc2018.lv](mailto:info@woc2018.lv)  
IT Manager: Kārlis Osis

Eurometing 2016 web page: [www.eurometing.woc2018.lv](http://www.eurometing.woc2018.lv)

### EVENT ADVISERS

IOF Event Adviser: Guntars Mankus (LAT)

## TRAINING POSSIBILITIES

### Model Events

22 September 2016 (morning/noon) - long/middle

### Training camp

WCup 2017 training camp 1 will take place from 26 September to 30 September near Līgatne, in the Recreation Centre "Ratnieki". More detailed information <http://www.eurometing.woc2018.lv/>

